

GENLUXSHOP

EXPERT OPINION: TURN BACK THE CLOCK



DAVIS B. NGUYEN, M.D. GIVES GENLUX HIS TAKE ON THE BEST ANTI-AGING TREATMENTS AVAILABLE TODAY.



Double Board Certified, Beverly Hills Facial Plastic Surgeon **Dr. Davis Nguyen** trained at Harvard, Yale, and subsequently with the famed Dr. Kaminer of the renowned Lasky Clinic. A highly skilled surgeon, Dr. Nguyen specializes in the advanced facelift technique known as “Deep Plane.” He was recently chosen as one of only seven surgeons nationwide to act as a principal investigator in the FDA clinical

trial to make fibrin glue available for use in facelift surgery. Here, Dr. Nguyen fills *Genlux* in on today’s top anti-aging treatments.

How have surgical anti-aging procedures advanced?

The facelift of today is not the same as the facelift of 30 years ago. The latest advancements in facelift surgery are the Deep Plane technique, during which not only skin is lifted, but also muscle, fat, and connective tissue. This technique promotes long-lasting results and, most important, a natural look for patients that is neither “pulled” nor “tense.” In addition to the Deep Plane technique, the use of fibrin glue to re-adhere elevated facial tissue alleviates the need for uncomfortable drains and reduces bruising and swelling, thereby making facelift patients look and feel better much faster.

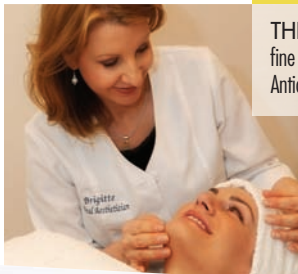
How have nonsurgical anti-aging procedures advanced?

For younger-looking skin, there’s Dysport, a newly FDA-approved product that relaxes, not paralyzes, muscles in order to reduce the appearance of fine lines and wrinkles. I administer Dysport primarily to treat crow’s feet as well as vertical and horizontal lines in the forehead. Also, I recommend maintenance skin therapy through anti-aging facials and peels. An anti-oxidant facial corrects large pores, uneven pigmentation, sun damage, and fine lines. Using Kinerase’s C8 Peptide serum as part of this anti-aging treatment not only helps hydrate the skin, it also reduces inflammation and redness. On another note, I prescribe Latisse lash-growth solution, the first and only FDA-approved product to treat hypotrichosis of the eyelashes. This product makes eyelashes grow by increasing their length, thickness, and darkness. Who doesn’t want longer, thicker eyelashes?

What tips do you have for patients who are healing from surgical procedures?

I recommend that all of my patients use Kelo-cote® Advanced Formula Scar Gel post-op to ensure that scars are nearly invisible. It impacts the three key components of optimal scar outcome: hydration, protection, and normalization of collagen synthesis. Kelo-cote® is also effective at improving the appearance of existing scars, and at fighting pain, itching and redness. It’s a plastic surgeon’s secret to beautiful results.

DR. NGUYEN'S SPRING BEAUTY TIPS!



THE BEST-FACE-FORWARD FACIAL: Tighten pores and combat fine lines and environmental damage with *The Spa* at Linden Clinic’s Anti-aging Antioxidant Facial, \$165, available at Dr. Nguyen’s office, 310-550-0288

SCARE AWAY SCARS WITH KELO-COTE:

From Advanced Biotech, Kelo-cote™ Scar Gel is an advanced formula scar gel to be used post-op to ensure that scars are nearly invisible. This patented 100% silicone gel is clinically proven to reduce the chances of red or raised scars; it can also flatten and soften existing scars and reduce redness, itching, and pain. 15gm tube, \$45



WHAT'S THE LATEST WRINKLE BANISHER?

Dysport is an injection used to temporarily improve the look of moderate to severe frown lines between the eyebrows in adults under 65. \$5 per unit or \$300 to treat vertical lines between the brows, dysportusa.com

ANTIOXIDANT FACIAL WITH C8

C8 Peptide Serum, \$120; Anti-Oxidant facial is \$165



WHY ALL THE BUZZ ABOUT LATISSE?

Latisse™ Eyelash Extension is a topical prescription product from Allergan, the makers of Botox and Juvéderm. It's the first and only scientifically proven product approved by the FDA to stimulate eyelashes to grow longer and thicker. Latisse™ is a prescription eye drop for glaucoma that was discovered to also stimulate eyelash growth (and in some patients, eyebrow growth). While using Latisse, lashes continue to grow without shedding as they normally would. Results are typically seen in four to eight weeks, but may take up to three months. When lashes have reached the desired length, maintain them with two to three treatments per week. If application is discontinued completely, eyelashes will begin to shed normally and return to their pretreatment appearance in two to four weeks. Two-month supply kit, \$130, 310-550-0288



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